## School-Based Mental Health in Missouri

**School-Based Mental Health (SBMH)** is a comprehensive continuum of support facilitated in schools to promote well-being of the school community and mitigating the impact of behavioral health challenges.

SBMH systems align best practices and streamline resources as school professionals collaborate with families and community partners to provide safe and healthy learning environments for students.

**Multi-Tiered Systems of Support** Tier 3 **FEW STUDENTS** INTENSIVE INTERVENTIONS (e.g., referrals and crisis response) Tier 2 SOME STUDENTS TARGETED SUPPORTS (e.g., small groups, check in with trusted adult) Tier 1 ALL STUDENTS SCHOOL-WIDE PRACTICES (e.g., school counseling curriculum, nurturing relationships) SUPPORT AND PROFESSIONAL **FAMILY - SCHOOL - COMMUNITY DEVELOPMENT FOR A HEALTHY PARTNERSHIPS** WORKFORCE (e.g. SBMH teams, collaboration with community providers) (e.g. staff wellness, SBMH professionals ratios met)

